



Presidents Week Break

February 21st through 25th

No School

Come join our GOMS TEAM in the upcoming RUN ROCKLIN April 3, 2022 at Johnson-Springview Regional Park - [GOMS TEAM SIGN UP HERE](#)

Dear GOMS Staff and Families,

We would like to thank all of our students, families and staff for their continued support during the current Omicon COVID 19 pandemic surge. Our staff has been working amazingly hard to lend needed support when staff are out due to illness. Our office staff is working double time to support our students, families, and staff to ensure that our amazing school is running smoothly and efficiently to educate our students. We have enclosed our current COVID 19 guidelines in our eblast. Please refer to them if you have any questions regarding COVID 19 situations.

We had an amazing day today with our students celebrating all students who maintained 100 merits during our last winter quarter. Students had a great time taking part in many activities at the end of the day. We look forward to having more fun activities on campus as the year progresses.

Have a great weekend staying happy and healthy with your family!

Sincerely,

Mrs. Honegger and Mr. Holmes



Granite Oaks
Middle School
Parent Falcon Club



Granite Oaks Spirit Wear!

Show off your school spirit with our Sale ends Saturday 2/5! Order online for pickup at GOMS (Time/Date TBD)

Order online at:
<https://bit.ly/3nJ6qW9>

Your order will be ready for pickup at school 4 weeks from the closing date. Date/Time TBA!

- T-Shirt styles:**
 - Long Sleeve
 - Ringers
 - Ladies
 - Baseball
- Hoodies!**
- Pajama bottoms!**



Show your Falcon Pride!

GOMS Families due the COVID surge please see the guidance below. Please do not send your students to school until cleared by the COVID nurses or Administration.

STUDENTS WITH SYMPTOMS:

COVID-19 Symptoms			Emergency warning signs
Fever (>100.4)	Muscle or body aches	Sore throat	Difficulty breathing
Cough	Headache	Nausea	New confusion/delirium
Chills	New loss of taste or smell	Vomiting	Bluish lips or face
Fatigue	Congestion or runny nose	Diarrhea	Persistent chest pain or pressure

Your child may return to school for in-person instruction only when *all three* of the following criteria have been met, regardless of vaccination status:

1. Fever free without the use of fever-reducing medications for at least 24 hours, and
2. Other symptoms have resolved for at least 24 hours, and
3. Either:
 - a. Documentation that the symptoms are typical of a chronic underlying condition (e.g. allergies or asthma), or
 - b. a confirmed alternative named diagnosis (e.g. strep throat) is received from a health care provider, or
 - c. a negative COVID test (PCR or antigen), or
 - d. at least 10 days have passed since symptom onset

POSITIVE CLOSE CONTACT:

If your child is vaccinated, your child may continue to attend school for in-person instruction by submitting vaccination proof confidentially to RUSDCOVIDNurses@rocklinusd.org or the campus Health Office or school nurse. **Proof of vaccination status is required to remain at school for in-person instruction.** Please also continue to monitor for symptoms and stay home if your child becomes sick. Additional information is available in the [CDPH guidance for Fully Vaccinated People](#). Testing is recommended five days post-exposure.

If your child is not fully vaccinated (or you choose not to submit proof of vaccination status), they must immediately quarantine. Your child has the following options to return to school if they remain asymptomatic:

1. 10 days after last exposure date; **OR**
2. 6 days after exposure with a negative (PCR or Antigen) test on or after day 5.

If your child develops COVID-like symptoms or becomes sick, you should contact their medical provider so they may be evaluated and get tested immediately.

POSITIVE TEST:

In accordance with guidance from the California Department of Public Health, your child must immediately isolate at home and may not return to school for in-person instruction for 10 days even if they don't have symptoms. This includes staying home from extracurricular activities such as sports and any activities in the community. If there are no symptoms, your child should isolate for 10 days from the date of test collection.

Isolation may end after day 5 if symptoms are not present **and** a diagnostic specimen collected on day 5 or later tests negative.

Counselor Corner - January 2022

This is an exciting time for our 8th Grade students, as high school registration is coming up in February! Check out the following dates for an overview of the process:

High School Information and Dates

Date	Event	Location
Jan 31- Feb 3	Digital Pre-High School Presentation by GOMS Counselors to be shown to 8th grade students	Enrichment period/class
February 4th	In-person Course Registration Information presentation from the WHS/RHS School Counselors Course Request Forms handed out to students during Enrichment period	Adjusted Enrichment period times: Per 1 - Talon Per 2 - Sierra Per 3 - Quest Per 4 - Discovery
February 7th	Showcase Night: In-person. More details to come once available	Rocklin High School Whitney High School
February 8-18th	Aeries Portal is Open for online course requests	
February 14-18th	Granite Oaks Counselors available during 8th grade lunch to assist with course registration	Library Conference Room
February 18, 2022	Aeries Portal Closes Signed , Course Request Forms are due to Enrichment/HR teacher	Homeroom/ Enrichment

INTRA/INTER DISTRICT TRANSFER INFORMATION

INTRADISTRICT:

Students wishing to move between Rocklin Unified Schools must complete an **INTRA DISTRICT TRANSFER**. Students requesting a transfer will be considered by the administration on an availability basis.

INTERDISTRICT:

Students wishing to transfer out of RUSD school must complete an **INTERDISTRICT TRANSFER REQUEST**

You can find additional information regarding Intra and Inter District transfers on the Rocklin Unified School District website:

<https://www.rocklinusd.org/Parents/InterIntra-Attendance-Permits/index.html>



Please see below for information on the next round of virtual Social Work Specialist Workshops from Wellness Together:

[- Emotional Regulation \(Primary Students\) - February 1st, 2022 5:00 pm - 6:00 pm via zoom](#)

[- Grief & Loss \(Secondary Students\) - February 3rd, 2022 5:00 pm - 6:00 pm via Zoom](#)

Linda Marcarian, 8th Grade & Incoming 7th Grade Counselor
lmarcarian@rocklinusd.org

Tressa Lindsey, 7th Grade Counselor
tlindseyanderson@rocklinusd.org

California Junior Scholarship Federation Attention 7th & 8th Grade Scholars



The Granite Oaks chapter of the California Junior Scholarship Federation (CJSF) is now accepting applications for spring membership. (Fall CJSF members only need to turn in a copy of their fall report card to Ms. Willson.) The purpose of CJSF is to foster high standards, service and citizenship for middle school students. To qualify for CJSF, applicants must meet the following:

1. All grades earned from the fall 2021 semester must be "C" or better.
2. Eligibility is based on CJSF's point system. To be eligible, a student must have at least twice the number of points as classes. An "A" = 3 points, a "B" = 1 point, and a "C" = 0 points. Enrichment, Leadership, and P.E. **do not** count as academic subjects.
3. Advanced Math 7 Classes: "A" = 3 points, a "B" = 2 points, and a "C" = 0 points.
4. **Applicants must have maintained 85 or more merits throughout the two previous quarters.**
5. Applicants should be willing to participate in volunteer service activities for their school and community while members of CJSF. The minimum requirement is 2 hours of school service per semester.

Applications can be picked up in the front office or in rooms C5 (7th gr.) and C8 (8th gr.). **Applications are due Friday, February 4, 2022, with no exceptions.** Applicants will be notified by Monday, February 14, 2022. Please email Ms. Willson at cwillson@rocklinusd.org, or Mrs. Louie at slouie@rocklinusd.org with any questions. You can also download the application [here](#).



Yearbook News - Updates

Granite Oaks Yearbook needs your help!

In the past few months, did your student take a trip? Take up a new hobby? Volunteer? If so, we need you! In this crazy year, it is more important than ever that Granite Oaks families share photos of their students and their stories. Sharing photos has never been easier - simply email the photos to Ms. Willson at the email address below .

Your help is greatly appreciated! Here is a list of some photos we're hoping to get:

- Families on the front -lines: pictures of first responders with their GOMS kids
- Baby pictures for a page called, "Name That Baby!"
- Girls Basketball
- Wrestling

Send your photos to:

cwillson@rocklinusd.org

Yearbooks are now on sale!

Please click on the link below to purchase your 2021-22 yearbook!

[ORDER YOUR 2021-22 YEARBOOK HERE](#)

NEW

ATTENTION 8TH GRADE PARENTS:

Yearbook dedications can now be purchased online. Please click on [THIS LINK](#) for more information.

The deadline for ordering your dedication is **February 10, 2022.**

Did you buy a yearbook last year?

If you did, but were unable to pick it up, please email Mrs. Willson to arrange for pick up.

cwillson@rocklinusd.org or 916.315.9009 ext 4028

Supporting Your Student: Grief & Loss

Join the Rocklin Unified School District Social Work Specialists live via Zoom for a workshop on how to support your student through the difficulties associated with Grief & Loss.

Grief and loss may include the loss of a loved one or adjusting to the ever-changing expectations of daily life. Grief is a natural process; there is no "right" way to grieve.

Grief varies between cultures, people, and situations.

Everyone experiences and feels grief differently.

Join us to learn more about grief, loss, and coping skills.

Join us via Zoom:

<https://wellnesstogether.info/Workshop>



Thursday, February 3rd
5:00 pm - 6:00 pm

FREE event for
RUSD Families & Students



Supporting Your Student: Self-Regulation & Coping Skills

Join the Rocklin Unified School District
Social Work Specialists live via Zoom for a workshop
on how to use healthy coping skills to support your
student's self-regulation

Managing emotions takes practice, and starts with adults
leading the way.

Join us via Zoom:

<https://wellnesstogether.info/Workshop>



Tuesday, February 1st
5:00 pm - 6:00 pm

FREE event for
RUSD Families & Students



WellnessTogether.org
School Mental Health